

# BEACH

# ZANDVOORT

The Zandvoort beach is a marvelous place for you to play with your children, to feel the fresh breeze or to enjoy a drink or two. However, the beach also has some hidden dangers. Strong current and high waves often get swimmers into trouble, when they drift away or suffer from hypothermia. Every year some people drown. This brochure will give you some advice for a safe day at the beach.

Upon every ramp down to the beach you will find boards with information about what is prohibited and what is allowed on the beach. They also show you the meaning of different warning flags and where to find the nearest First-Aid post and the life guard posts.



Safe on the beach and in sea!

Gemeente Zandvoort



## Strong current

Strong current causes swimmers getting into trouble every year, sometimes with fatal consequences. We call this phenomenon a rip tide. A rip tide can occur at less shallow parts of a sand bank, through which water flows into the sea. They form because of differences in depth behind the surf. This causes a strong current towards the sea. The tides contribute to this effect.

If you get caught in a rip tide (see picture), the best thing to do is:

- Not to resist the current.
- Swim in the direction of the current until it gets weaker.
- Swim away from the current parallel to the shore line.
- Call for help and wave you arms.

➡ Strong current      ➡ Escape route



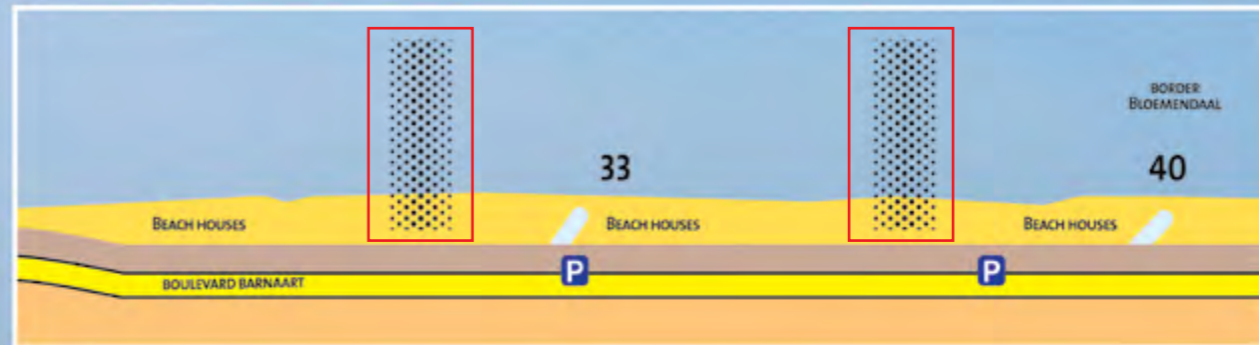
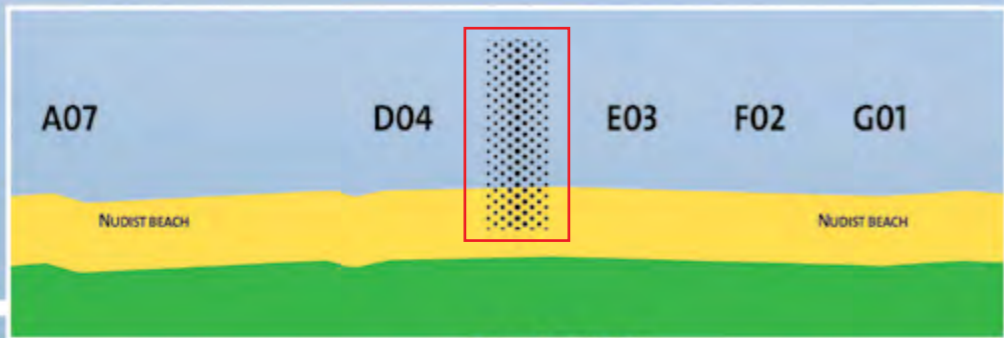
## Warning signs

Zandvoort life guard posts use special warning signs. These will be positioned at possibly dangerous spots. The warning is explained in three different languages.



## Advices: safe on the beach!

- Go into the water only as deep as your hips.
- Do not let children swim unattended.
- Do not swim alone.
- Air beds can cause you to drift away faster. Do not use them when the wind blows from the land.
- Choose a land mark for better orientation. This will help you to stay in one place.
- Visiting with children? Write your telephone number on their arms or get a 'lost'-tag at the life guard post or the First Aid post at the roundabout (see map).
- Decide at what location to regroup, if someone gets lost (like a beach club for example).
- Do not swim in kite zones.



### Beautiful, safe and clean

Zandvoort meets the highest standards for safety, water quality, beauty of nature and durability. For this reason Zandvoort may carry the European quality seals Blue Flag and Quality Coast. Enjoy more than 9 kilometers of beach, of which 3 kilometers of nudist beach. The beach also features five kite zones, all marked with banners on the beach. More than 35 beach clubs and restaurants bid you welcome.

Also check [www.zandvoort.nl](http://www.zandvoort.nl)



Kite zones



Zandvoort Town Hall - telephone number: +31 (0)23 - 574 0100



Tourist Information Center VVV Zandvoort - Bakkerstraat 2/B, telephone number: +31 (0)23 - 571 7947



Dogs: allowed on the beach from 1 October until 15 April and from 19.00-09.00h in the period from 15 April to 1 October. Horses: allowed from 1 October until 1 March.



Beach wheel chairs (Beach 1B, 5, 18, 20, 23, 26, First Aid post)



First Aid post - telephone number: +31 (0)23 - 571 4445



Life guard post Piet Oud (noord) - telephone number: +31 (0)23 - 571 2376  
Life guard post Ernst Brokmeier (zuid) - telephone number: +31 (0)23 - 57 12687



Emergency number: 112  
Police: 0900 - 8844